

## HEALTHY SEXUAL BEHAVIOR

Practicing healthy sexual behaviors can decrease the risk factors associated with cancer. According to the American Cancer Society, having unprotected sex or having many sexual partners is a contributing factor for getting the human papilloma virus (HPV), which causes 70 percent of cervical cancer cases. In addition, studies have shown that HIV infections and Chlamydia infections may pose greater risks for cervical cancer. Condoms may help protect against HPV and other sexual diseases if used correctly. Also, a study suggested that more sexual partners for a male may increase the chances of getting prostate cancer.

**Objective 1:** By 2014, decrease the percentage of high school students who have had sexual intercourse from 49 percent to 45 percent as measured by the Youth Risk Behavior Surveillance – United States.

- Utilize media channels to convey sexual abstinence message to adolescents and parents of teens
- Support the implementation of community-based programs that stress sexual abstinence
- Foster statewide collaboration among youth-serving organizations in their sexual abstinence and adolescent pregnancy prevention efforts

**Objective 2:** By 2014, increase the percentage of condom usage among sexually active high school students from 57 percent to 62 percent as measured by the Youth Risk Behavior Surveillance – United States.

- Provide free condoms to local health departments, community health centers, and community-based organizations
- Offer comprehensive risk counseling services stressing the importance of correct and consistent condom use
- Provide health education regarding the importance of safe sex and correct and consistent condom use
- Utilize the media to deliver safe sex message

## SURVIVOR

### Benita Kimbrough

Breast Cancer

Age 47

Indianapolis, IN

Wishard Hospital

Read Benita's story at [www.indianacancer.org](http://www.indianacancer.org)

