



Physical Activity

Member organizations who identify primary prevention as a priority with the ICC

Alliance for Health Promotion
<http://www.allianceforhealth.org/>

Baskets by Immanuel, Inc
<http://www.basketsbyimmanuel.org/>

Center for Cancer Care at Goshen Health System
<http://www.cancermidwest.com/>

**CFS-Foods & Nutrition
Purdue Extension Service, Marion County**
<http://www.ces.purdue.edu/marion/>

Clarian Health Partners
<http://www.clarian.org/>

Deaconess Hospital, Inc
<http://www.deaconess.com/>

Gerald P. Murphy Cancer Foundation
<http://www.gpmcf.org/>

Indiana Academy of Family Physicians
<http://www.in-afp.org/>

Indiana Primary Health Care Association
<http://www.indianapca.org/>

Indiana State Department of Health
<http://www.in.gov/isdh/>

Indiana University, Department of Applied Health Science
<http://www.indiana.edu/~aphealth/>

Marion County Health Department
<http://www.mchd.com>

Northern Indiana Cancer Research Consortium CCOP
<http://www.nicrc.org/>

Olcott Center for Cancer Education, Bloomington Hospital & Healthcare System
<http://www.bloomingtonhospital.org>

Ovar'coming Together, Inc
<http://www.ovarian-cancer.org/>

Sagamore Health Network, Inc
<http://www.sagamorehn.com/>

American Academy of Pediatrics– Sports Medicine and Fitness

<http://www.aap.org>

The American Academy of Pediatrics– Sports Medicine and Fitness offers brochures on physical fitness and activities for children.

American Cancer Society

<http://www.cancer.org>

The American Cancer Society provides informational brochures available to order through the website for free.

American Heart Association– Just Move: A Guide to Physical Activity

<http://www.americanheart.org>

The *Just Move* brochure provides information on physical activity and strategies on how to make physical fitness part of life. The brochure is available to download in Adobe format.

CDC Division of Nutrition and Physical Activity

<http://www.cdc.gov/nccdphp/dnpa/publications>

The CDC Division of Nutrition and Physical Activity supplies informational fact sheets to download in Adobe format.

CDC Division of Nutrition and Physical Activity

<http://www.cdc.gov/HealthyYouth/PhysicalActivity/>

The CDC's Division of Nutrition and Physical Activity provides brochures about physical activity and the Healthy Youth Program. These brochures can be downloaded free of charge in Adobe format.

Channing Bete Company, Inc.

<http://www.channing-bete.com>

Channing Bete produces easy-to-read health information on a large range of topics including nutrition, diseases, and chronic conditions.

ETR Associates

<http://www.etr.org>

ETR distributes health education pamphlets on a variety of topics. Topics include health promotion through nutrition and fitness.

Health Promotions Now

<http://www.healthpromotionsnow.com>

Health Promotions Now provides “pocket-slider” educational materials on nutrition, physical activity, and cancer specific information.

HealthierUS.gov

<http://www.healthierus.gov/exercise.html>

HealthierUS.gov supplies credible and accurate information to help you choose to live a healthier life.





Indiana Cancer Consortium

Indiana Action for Healthy Kids

<http://www.actionforhealthykids.org>

Indiana Action for Healthy Kids provides educational materials free of charge that can be downloaded in Adobe format.

Journey Works Publishing

<http://www.journeyworks.com>

Journeyworks is a national publisher of health promotion materials. They provide low cost publications and brochures on cancer-related topics.

Krames

<http://www.krames.com>

Krames produces health information on a range of topics including nutrition, exercise, and chronic disease management.

Nasco Hands-On-Health

<http://www.enasco.com/healtheducation>

Nasco Hands-On-Health offers educational products and hands-on teaching aids to help make learning about health issues fun and easy. Information covers all aspects of health education including physical activity, nutrition, and sun safety.

National Cancer Institute

<http://cancernet.nci.nih.gov/>

The NCI Web site includes cancer prevention, early detection information; communication and education resources for health professionals. They provide resources to help everyone understand the basic science behind cancer and cancer research. These resources include fact sheets and an index of publications; as well as, information for specific ethnic and racial groups; and clinical trials information.

The President's Council on Physical Fitness and Activity

http://www.fitness.gov/council_pubs.htm

The President's Council on Physical Fitness and Activity produces a variety of educational brochures on physical exercise and healthy activities.

Comprehensive Cancer Control

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The web links provided were selected by the Primary Coordinating Committee to provide information about physical activity and to support the members of the Indiana Cancer Consortium (ICC). The ICC does not warrant or guarantee the accuracy of the content on the web links or imply the endorsement of the web link or its contents.

About the Indiana Cancer Consortium

The Indiana Cancer Consortium (ICC) is a statewide network of public and private organizations working to reduce the cancer burden in Indiana. The ICC is an unincorporated association of organizations that implement the Indiana Cancer Control Plan 2005-2008. The Indiana Cancer Control Plan provides a framework for action to reduce the burden of cancer in Indiana. The ICC seeks to increase cancer prevention activities, increase early detection of cancer, decrease barriers resulting in disparities of access, screening and treatment; and increase quality of life for cancer patients through increased communication and collaboration of ICC member organization's activities that support a strategy from the Indiana Cancer Control Plan.